

TEENS, PRIVACY, AND HEALTH: WHAT YOU NEED TO KNOW



You have the right to be treated with respect regardless of race, skin color, birthplace, religion, sex, age, sexual orientation, gender identity, gender expression, ability, immigration status, financial status, health status or parental status.



At this health center, you are able to talk to your provider alone, **without** your parent or guardian in the room. We may encourage you to share what we talk about with a parent/legal guardian or a trusted adult. You are able to ask for any of your family, friends or partners to come into the exam room with you.



Private information you share with our health center staff will remain confidential and not be shared without your permission (*consent*) except for in the cases listed below:

- You tell us or we suspect an adult is hurting you
- You tell us that you want to hurt yourself
- You tell us you want to hurt someone else
- If you are under 18 years of age and have had sexual contact with a person who is 18 or older
- If you are under 18 years of age and have had sexual contact with a person who is 13 or under



All forms of contraception are available **without** the permission of a parent/guardian. Also, Title X (*ten*) clinics have additional protections around confidentiality.



According to Arizona law, you are able to receive the following services **without** the permission of a parent or legal guardian:

- Emergency services (*if a parent/guardian cannot be reached*)
- Testing and treatment for sexually transmitted infections (*STIs*) and testing for HIV
- Substance abuse treatment (*a parent/guardian will be notified if you're admitted for treatment*)
- If you're 12 and older, exams and treatment for sexual assault if a parent/guardian cannot be contacted within the timeframe necessary to provide treatment

Minors are generally able to consent to:

- Contraceptives and family planning services including emergency contraception
- Pregnancy services and prenatal care



You are able to review your health center records and have your options for care explained to you.



Some insurance plans may mail information about your visit to your house. Talk to your provider if you are especially concerned about confidential care.



If you feel you have been mistreated, please inform the health center staff.



HEALTHYAZYOUTH.ORG

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